

## Health Subcommittee Worksheet for 3/9 Meeting Responses

**Please indicate up to 5 questions that could be included in this health survey.**

1. In your experience within the City of West Palm Beach, have you found it difficult to receive healthcare from individuals of your same race?
2. In your experience within the City of West Palm Beach, have you found it difficult to receive healthcare from individuals of your same gender? Do you trust the healthcare system in the City of West Palm Beach?
3. In your experience within the City of West Palm Beach, have you found it difficult to receive healthcare from individuals of your same gender?
4. Do you feel that there are barriers keeping you from getting access to all the healthcare options and/or health institutions that the City of West Palm Beach has to offer?

1. How many times per week do you go without a meal?
2. Do you wonder where your next meal will come from?
3. Do you have difficulty getting to a grocery store?
4. Does your food assistance/benefits/etc. run out before the end of the month?
5. Do you currently participate in programs that offer food assistance?

1. Do you feel comfortable and supported when you go to the doctor or hospital?
2. Are you in need of medical care or treatment, but don't have the money to pay for it?
3. Are you confused about the types of insurance programs that are available to you and how to tap into them?
4. Do you or have you experienced substandard medical treatment that you feel is due to racial or ethnic bias?
5. Do you or your family members have access to healthy food, clean water and safe housing?
6. If you could talk to Mayor James about healthcare in West Palm Beach, what would you say to him?
7. Do you have access to the internet?
8. If the City were to create some programs that would make a big difference in your and your family's health, what things would you want to learn or get from the programs?
9. Are interested in programs that promote healthy food choices and exercise?

1. How far is your health provider from your residence?
2. How often do you see your general physician?
3. How often do you exercise?
4. If you had easy access to information to improve your health, would you access it?
5. Do you feel you have a healthy diet?

**Please list up to 5 community leaders this Subcommittee should contact to support the distribution of this survey. Include the name and reason for suggesting the individual (also include contact information if known).**

- Kelly Shoaf - Commissioner in District 1 near St. Mary's Hospital
- Ricky Aiken - doing outstanding work with Inner City Innovators and at risk black youth within the community
- Kevin Jones - church Pastor and deeply connected within the community of WPB
- Christy Fox - Commissioner in District 3 near Good Samaritan Hospital
- Jamie Walker - Division Chief of EMS for West Palm Beach Fire Department

- YWCA of Palm Beach County - They have a preschool and we make grocery boxes for the children that attend the school and their families. The center is located in northern WPB. My contact works directly with the preschool. I can get the agency contact info from her
- RISE - Craig Glover - Mr. Glover is doing amazing work in the northern WPB communities. We provided meals for the community he serves over the summer
- Homeless Coalition of Palm Beach County - they are working towards ending homelessness by providing monetary assistance and education to adults and families in need. My contact is the Resource Coordinator, Uwe Naujak.

I don't know of any personally.

**Any additional comments about the survey.**

I wish I knew more people to suggest but I do not live within the community. I think the survey questions should center on concepts like: is there apprehension or hesitance for an individual to not ask for or accept help from the healthcare services within WPB. Also, are there perceived or actual barriers impeding individuals from getting healthcare access or services.

One thing we learned while distributing surveys for Buccan Provisions was that not everyone has a computer. I think we take for granted that we all have access to a laptop or desktop. Most people have smart phones, but again, not everyone. For surveys we sent via e-mail with links, we would always get phone calls saying the survey couldn't be accessed via the phone. For one group of people we provided meals to in northern WPB, they received hand delivered hard copies of a survey to fill in and return via mail (we provided the postage paid envelope), but we got a very low response rate. All of this being said, I think it is a good idea to set up a table at YWCA or the Homeless Coalition, or at whatever location will allow us to, and administer the survey. Something should definitely be given to the people who take the survey or they are not going to be as willing to participate. Small grocery boxes or bags of food would go a long way in garnering information.